

The Heart and Science of Nursing

WeRPN Nursing Week
May 9-13, 2022



WeRPN Nursing Week 2022 - The Heart and Science of Nursing

The Registered Practical Nurses Association of Ontario (WeRPN) is pleased to host Nursing Week 2022 beginning Monday, May 9 through to Friday, May 13. WeRPN will deliver a series of daily virtual events that will be open and free for all nurses to attend. This year's events will center around the theme – The Heart and Science of Nursing. Drawing from the Florence Nightingale school of thought, which represents the first expression of nursing as an art in modern times, the week will celebrate the importance both art and science play in nursing today.

With engaging events and activities led by RPNs, keynote speakers and WeRPN's board of directors — and raffle prizes provided by our amazing partners — this year's Nursing Week will be one to remember.

As part of Nursing Week, WeRPN will host this year's annual Nursing Now Awards in partnership with the Registered Nurses' Association of Ontario (RNAO) and Ontario Nurses' Association (ONA). The Nursing Now Ontario Awards leverage and support the goals of the Nursing Now campaign, a global initiative led by the World Health Organization and the International Council of Nurses, aimed at raising the profile and status of nursing. The Nursing Now Awards recognize the contribution of nurses who improve health outcomes in three categories: Registered Practical Nurse, Registered Nurse and Nurse Practitioner.

As the second largest group of regulated health professionals in our healthcare system and employed in all sectors of health care, RPNs work tirelessly to care for Ontario's vulnerable populations in health settings like long-term care, hospitals, clinics and in the broader community. Now more than ever, the role you play is vital to supporting the health and well-being of the public.

On behalf of Ontarians everywhere, we express our deepest gratitude to all nurses for keeping us safe as our healthcare system is pushed to its limits. During these uncertain and difficult times, your continued hope, professionalism and compassion inspires us all. We thank each and every one of you for helping to make us stronger, together.

We hope you will enjoy the events we've organized for you this year. Happy Nursing Week!



Sincerely,

Dianne Martin

Chief Executive Officer



Nursing Week Virtual Sessions | May 9 - 13



Monday, May 9

7:00 p.m. | Nursing Week Kick-Off

Nursing is as much of an art as it is a science; a successful nurse cannot have one without the other. When applied together, they are a force to be reckoned with in healthcare. Through it all, the best nurses never stop learning and growing. Join us as Dianne Martin, chief executive officer at WeRPN, kicks-off this year's Nursing Week events.



The Art of Empathy

Speaker: Karla McLaren, M. Ed.

Learn about Healthy Empathy®, a program that helps health professionals develop sustainable empathy skills, improve patient/client care outcomes, create a supportive work environment and nurture themselves with focused self-care practices.

Session Sponsor:







Tuesday, May 10

10:00 a.m. | The Value of Patient-Focused Diabetes Care

Speakers:

Brie Munshaw RPN, CDE, IIWCC-Can, Associate Director of Care at Cedarvale Terrace **Francine Georgopoulos,** RPN, WeRPN Practice Associate

As persons with Type I diabetes, Brie and Francine will share how their experience, from a patient perspective, has impacted their nursing practice and transformed their approach to diabetic care. They will explain how their use of a coaching approach to care can result in clients and families working collaboratively to develop realistic and individualized plans of care, which ultimately lead to better patient outcomes.

Finally, as a certified diabetic educator, Brie will share her expertise to provide participants with patient-focused tips that support clients to develop achievable goals.

Session Sponsor:





Tuesday, May 10



2:00 p.m. | The Science of Footcare

Speakers:

Erin King, CEO, Feet for Life Medical Foot Care Ltd.

Learn how to optimize foot and lower limb health, improve client mobility and overall health-related quality of life. Topics covered include performing lower leg and foot assessments; using the nursing process to diagnose, develop and implement a plan of care and evaluate patient outcomes, while working independently or as part of an interdisciplinary health care team to provide quality client care.

Session Sponsor:





Wednesday, May 11



7:00 p.m. | BEGIN your journey to The Joy and Privilege of Working in LTC and HCC

Panelists:

Julia Scott, RN, MBA, CMC, WeRPN Director, Innovation & Program Initiatives
James Schlegel, CEO, Schlegel Health Care
Monica Seawright, RN, CLCC BSO ESC Home and Community Care Support
Jay Stofleth, RPN
Whahida Ahmadzi, RN

Host:

Mary Wheeler, RN, M.Ed.

This panel discussion will provide an overview of the opportunity the Bridging Education Grant in Nursing (BEGIN) offers PSWs and RPNs, and how Schlegel Health Care is creating a caring community with life purpose for residents.

Nurses that have bridged from PSW to RPN and RPN to RN will share what they love about their work in LTC and HCC and how it can truly be one of the most rewarding areas of the profession. They will discuss how they develop relationships with their patients/residents/clients and their families and the benefits and opportunities to really make a difference in the residents' quality of life.

Session Sponsor:









Thursday, May 12



2:00 p.m. | Nursing Now Ontario Awards 2022

Join us to celebrate all of Ontario's nurses and learn who the winners of this year's Nursing Now Awards are (RPN, RN, NP), as nominated by their peers and the public.

The Awards are jointly presented by the Registered Practical Nurses' Association of Ontario (WeRPN), the Registered Nurses' Association of Ontario (RNAO) and the Ontario Nurses' Association (ONA) to one winner in each of three categories: registered practical nurse (RPN), registered nurse (RN) and nurse practitioner (NP). The winners are selected by a panel of nurses based on having demonstrated the qualities of an exceptional nurse — high professional standards, superior clinical skills and a compassionate practice.





Friday, May 13

12:00 p.m. | Art Therapy for Nurses

Speaker:
Catherine Mellinger, Certified Expressive Arts Therapist (EXAT)

Making space for nurses to heal by creating a sense of community and allowing them to engage in imaginative self-expression. Learn the benefits of being able to see connections between what you're working on and thinking about in that moment to the real world.

Other benefits include positive effects on the central nervous system, such as regulating its response.

Catherine has suggested that anyone wishing to attend this presentation would benefit from bringing an object from home — whether it be meaningful or something random, such as a wooden spoon.

Session Sponsor:





Thank You To Our Sponsors



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Johnson Insurance is proud to sponsor "The Heart & Science of Nursing" WeRPN Nursing Week 2022 event.

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Our Message to RPNs

Your impressive performance deserves our THANKS!

Visit pages.johnson.ca/nurses2022 and enter the "\$5,000 NURSES APPRECIATION GIVEAWAY!" for a chance to win one of ten \$500 cash prizes!

Johnson Insurance thanks you for all you do.







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Our Message to RPNs

Baird MacGregor Insurance Brokers LP is proud to sponsor WeRPN's Nursing Week 2022. For over 30 years, the Baird MacGregor team has had the pleasure of working in partnership with WeRPN to provide Professional Liability to RPNs. Through those years, and especially amidst these unprecedented times, we could not be prouder to be associated with such a devoted group of nurses. Your dedication and tireless hours of commitment to your patients, their families and your communities inspire us all. We want to extend our deepest gratitude to every RPN putting themselves on the front lines and risking their own health to provide care for those in need, and we are honored to be able to help take care of you in return.





Feet for Life | General Sponsor

Feet for Life School of Podortho ® Nursing (FFLSPN) offers post-graduate education and skilled hands on training guiding RNs, RPNs and NPs to specialize in the field of Advanced Medical Foot & Lower Limb Care.

The FFLSPN education program consists of four modules. We offer theory with facilitators in class and some locations online, guided one-on-one hands-on clinical training at facilitators' clinics and independent online study. The Podortho ® Nursing Provincial Examination is designed to meet the Podortho ® Nurse Core Competencies learned as recommended by the Ontario Podortho Nursing Association Inc.

Learning locations include Alexandria, Barrie, North Bay, Oshawa, Ottawa, London and Windsor, Ontario. More locations are coming soon.

Our Message to RPNs

The landscape of health care in Ontario continues to change, evolve and advance. Our population is aging quickly, placing strain on our entire health care system as evidenced by Statistics Canada's recent reports. Our population's foot and lower limb health requirements are evolving and becoming more complex, requiring skilled Regulated Health Care Providers (RHCP), such as nurses, to deliver quality care. Our organization has designed a post-graduate program specific to nurses (RNs, RPNs and NPs) identifying a nurse's scope of practice in the specialized role, while providing advanced medical foot and lower limb care. Our program encourages all our students (nurses) to work to their full scope of practice to meet community needs, thus decreasing the strain on our public health care system.

RPNs are recognized as well-rounded RHCP who possess the knowledge, skill and judgment to specialize in many areas of healthcare. RPNs are well positioned to offer quality medical foot and lower limb care meeting the needs of our communities across Ontario. Nursing foot and lower limb care is essential and supports our active aging population.

Improving and/or maintaining mobility promotes clients' ability to enhance their health-related quality of life. Nurses are often a first line of defense for many and utilize their superior assessment skills to detect early signs of potential foot and lower limb complications and risks. A nurse determines how foot and lower limb conditions may compromise other body systems which may have a profound effect on one's health-related quality of each client as a central component of their best practices to achieve optimal health outcomes.

RPNs offer medical foot and lower limb care to clinics, hospitals, long-term care facilities and in clients' homes. RPNs can own their own practices as entrepreneurs.

To learn more about Feet for Life School of Podortho Nursing post-graduate program, visit www.feetforlifemedical.ca/education





CeraVe | General Sponsor

Developed with the expertise of dermatologists, CeraVe offers a complete range of therapeutic skincare products for all enriched with a unique blend of three essential ceramides to help restore the skin's natural barrier.

To learn more, visit: www.cerave.ca

Our Message to RPNs

Thank you for your incredible devotion to keeping Canadians safe and healthy. As part of our mission to provide therapeutic skincare for all, we are honoured to support the nursing community and your invaluable role in patient care. By that same token, we would like to encourage you to make your well-being a priority on a daily basis.





BEGIN | General Sponsor

The BEGIN Program is part of the government's commitment to recruit nurses to the Long-term Care (LTC) and Home & Community Care (HCC) sectors by supporting PSWs and RPNs to further their education.

Our Message to RPNs

The NEW Bridging Education Grant in Nursing (BEGIN) Program is a partnership between WeRPN and the Ontario Ministries of Long-term Care and Health. The Program offers PSWs and RPNs an opportunity to receive financial support to help cover the costs of tuition for an accredited bridging (PSW to RPN, RPN to RN) program.

In return for tuition support, BEGIN Program participants will enter into a Return of Service (RoS) Agreement to work in the long-term care (LTC) or home and community care (HCC) sectors.

To learn more and to apply, visit begin.werpn.com



Accessing the Nursing Week Virtual Event Platform: Zoom

The WeRPN Nursing Week virtual event series have been set-up as a Zoom Video Webinar, where you can join as an attendee. As an attendee, you can engage throughout the evening by:

- Using the chat function to connect with the WeRPN community
- Submitting questions via the Q&A function to interact with keynote speakers
- Virtually raising your hand during the discussion period to share your voice on the important issues
 for our community. When you are selected by the moderator, you will have the option to share your
 thoughts.

The Nursing Week events require pre-registration. As an attendee, please click on your unique link that was emailed to you, and join the webinar event on the days you registered for. Please ensure you have downloaded Zoom Desktop Client or the Zoom Mobile App ahead of the webinar. You can join either via the invitation link sent to you in the email after registration or manually join via the App or Desktop client using the Webinar ID provided in your registration email.

To login:

Please ensure you have Zoom Desktop Client or Mobile App downloaded before attempting to join the webinar. There are a few ways to join a webinar:

1. Join by Invitation Link

To join the webinar, click the link that the host provided you or that you received in the confirmation page after you registered. If the host sent a registration confirmation email, the link can also be found there.

Hi Eren Yaeger,

Thank you for registering for "My Webinar".

Please submit any questions to: kevin.hoang@zoom.us

Date Time: Sep 11, 2018 10:00 AM Pacific Time (US and Canada)

Join from a PC, Mac, iPad, iPhone or Android device:
Please click this URL to join. https://success.zoom.us
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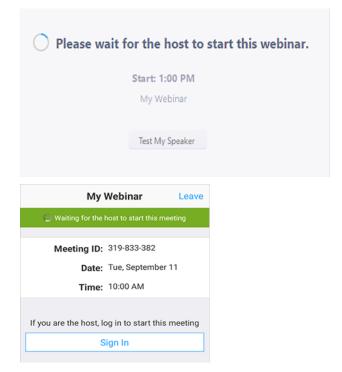
International numbers available: https://zoom.us/u/bZ3rpGRKy



2. Manually Joining a Webinar

- First locate the webinar ID from your registration email. It may appear at the end of the phone dial-in information, or it will be in the join link, just after https://zoom.us/w/
- Next, sign into Zoom Desktop Client or Mobile App
- Click or Tap 'Join a Meeting'
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- If the Host hasn't started the webinar yet, you'll receive the following message:

If you receive a message showing the date and time of the webinar, check the date and start time of the webinar including the time zone. Make sure to join when the webinar starts:



The webinar is scheduled for 9/18/2018.

Start: 10:00 AM

My Webinar

3. Join by phone

Your meeting invite should also have an option for you to join by phone if you prefer. The dial in number defaults to a US phone number in the invite, but toll-free Canadian phone numbers are also available in the invite.