

Career Directions

Completing Your Reality Check

What three adjectives would colleagues use to describe you and why?

- 1.
- 2.
- 3.

Take a look at the accomplishments you identified above. Did anyone else know about these accomplishments?

If the answer is yes, what feedback did you get?



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What did others identify as your strengths and limitations?

What suggestions did they make for improvement?

If no one knew about these accomplishments — that is, if you received no feedback — why not?